

## Resources/Recursos

|  |                                  |
|--|----------------------------------|
| Adult Protective Services .....                      | 1(800) 491-7123                  |
| Alzheimer's Association alz.org .....                | 1(800) 272-3900                  |
| American Society on Aging .....                      | 1(800) 537-9728                  |
| Blindness Support Services .....                     | (951) 341-9244                   |
| Caregivers Alzheimer's Association .....             | 1(800) 272-3900                  |
| Community Access Center .....                        | (951) 274-0358                   |
| Community Action Partnership .....                   | (951) 955-4900                   |
| City of Jurupa Valley .....                          | (951) 332-6464                   |
| Community Connect .....                              | 1(800) 465-1123                  |
| Dial-A-Ride .....                                    | 1(800) 795-7887                  |
| Elder Abuse Hotline .....                            | 1(800) 677-1116                  |
| Fair Housing Council of Riverside County .....       | (951) 682-6581                   |
| Family Caregiver Alliance .....                      | 1(800) 445-8106                  |
| Feeding America .....                                | (951) 359-4757                   |
| HICAP Health Insurance Counseling .....              | (909) 256-8369   1(800) 434-0222 |
| ICLS-Inland County Services, Ins. ....               | 1(800) 977-4257                  |
| Inland Counties Legal Services/Senior Hotline.....   | (951) 320-7500                   |
| Jurupa Area Recreation Park District .....           | (951) 361-2090                   |
| Meals on Wheels .....                                | (951) 683-7151                   |
| Medicare .....                                       | 1(800) 633-4227                  |
| Office on Aging/County of Riverside .....            | (951) 867-3800                   |
| Poison Control Hotline .....                         | 1(800) 222-1222                  |
| Riverside County Veterans Services .....             | (951) 955-3060                   |
| Riverside County Department of Social Services ..... | (951) 358-3000                   |
| Riverside Transit Agency .....                       | (951) 565-5000                   |
| Rubidoux Resource Center .....                       | (951) 328-1575                   |
| Sherriff's (Jurupa Valley) .....                     | (951) 955-2600                   |
| Social Security Administration .....                 | 1(800) 772-1213                  |
| Veteran's Assistance .....                           | 1(800) 827-1000                  |



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5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 4 ISSUE 2 •

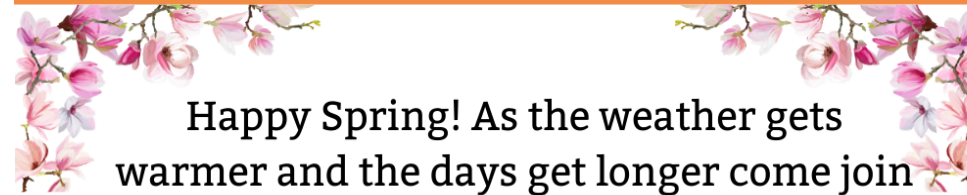
APRIL, MAY, JUNE

2024

THE EDDIE DEE NEWS

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



**Happy Spring! As the weather gets warmer and the days get longer come join us for one of our many activities. While looking through all the upcoming events we have planned this quarter keep an eye out for our hidden easter eggs.**

**The first 10 people to find all 30 eggs by May 3rd will get a small prize.**



**¡Feliz primavera! A medida que el clima se vuelve más cálido y los días se alargan, únase a nosotros para una de nuestras muchas actividades. Mientras revisa todos los próximos eventos que tenemos planiados este trimestre, esté atento a nuestros huevos de Pascua ocultos. Las primeras 10 personas que encuentren los 30 huevos antes del 3 de mayo recibirán un pequeño premio.**



## Center Hours

MONDAY-FRIDAY  
LUNES - VIERNES

8:00AM-3:00PM

Email  
EDSSC@JARPD.org

### CENTER STAFF

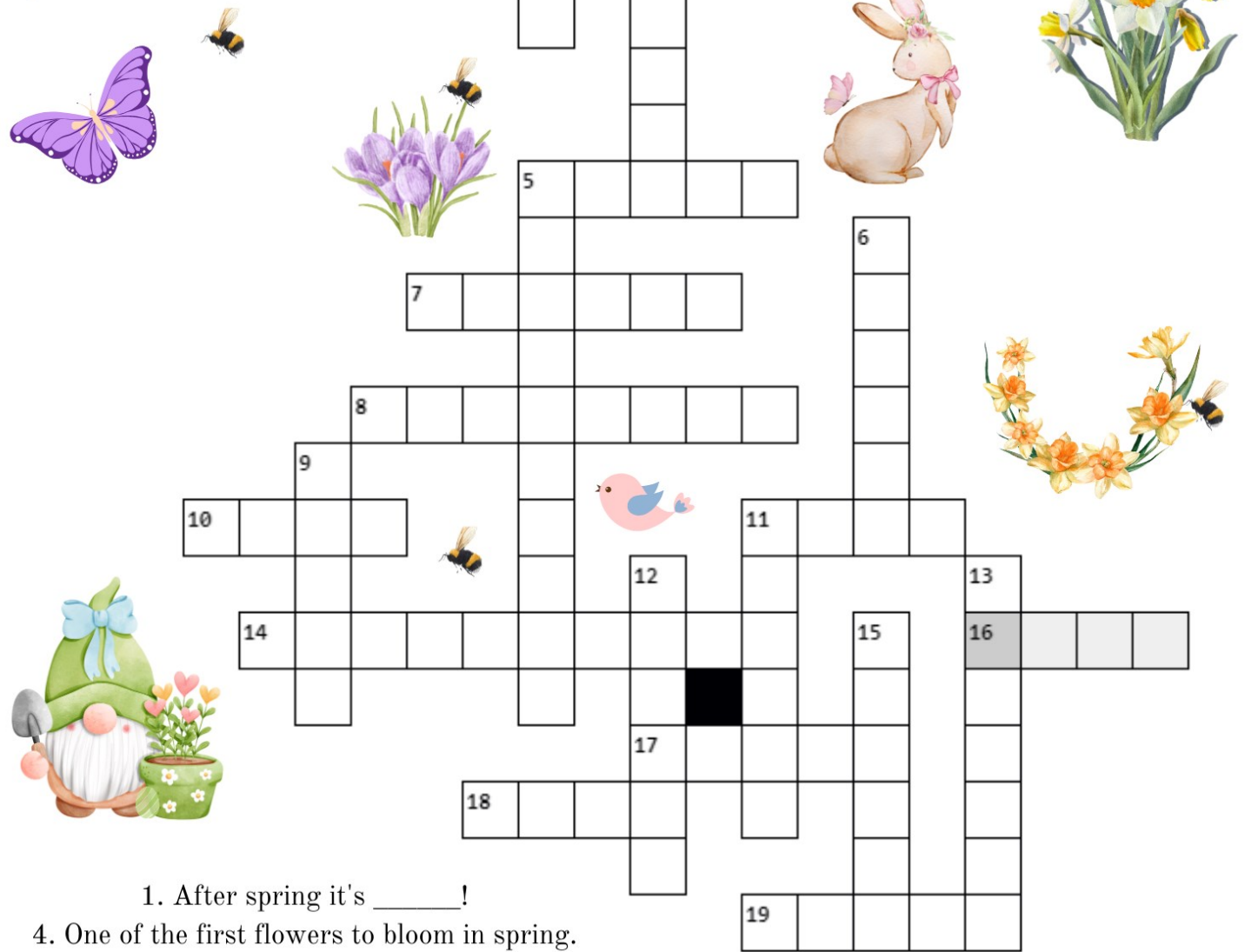
DEBBIE PATTERSON  
Recreation Supervisor

MARELY PIÑA  
Recreation Specialist



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SPRING



1. After spring it's \_\_\_\_\_!
2. Spring starts in?
3. What causes allergies?
4. One of the first flowers to bloom in spring.
5. A fluffy spring animal.
6. Spring has \_\_\_\_\_.
7. Many spring colors are \_\_\_\_\_.
8. This sports season starts in spring.
9. What spring festival is held in Rochester.
10. In spring \_\_\_\_\_ falls in replace of snow.
11. On Easter many people have a \_\_\_\_\_ hunt?
11. What holiday is on April 9th this year?
12. In spring the days get \_\_\_\_\_.
13. What blooms in spring?
14. What yellow flower looking weed appears.
15. Spring means \_\_\_\_\_ is over!
16. March comes in like a \_\_\_\_\_ out like a lamb.
17. In spring the leaves turn \_\_\_\_\_ again.
18. Spring ends in?
19. In spring \_\_\_\_\_ start chirping again.

Para mas informacion, favor de llamar al Centro al  
(951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

# Eddie Dee's Thrift Store

LA TIENDA DE EDDIIE DEE



Come on in to Eddie Dee's Thrift store open every Thursday except the first Thursday of the month. Ven a la tienda de segunda mano de Eddie Dee abierta todos los Jueves excepto el primer Jueves del mes.

10:00 am - 1:00pm



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## Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of April and May at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Abril y Mayo en el centro.

Every Friday /  
Cada Viernes  
9 am - 10 am



## Medicare Resources

RECURSOS DE MEDICARE

**Date**      **Time**      **Agency**

|           |                     |        |
|-----------|---------------------|--------|
| 4/2/2024  | 10:00 am - 12:00 pm | SCAN   |
| 4/4/2024  | 9:30 am - 10:30 am  | ANTHEM |
| 5/2/2024  | 9:30 am - 10:00 am  | ANTHEM |
| 5/8/2024  | 10:00 am - 12:00 pm | SACN   |
| 6/6/2024  | 9:30 am - 10:30 am  | ANTHEM |
| 6/11/2024 | 10:00 am - 12:00 pm | SCAN   |

THANK YOU

Amistad Medical Clinic

Anthem Blue Cross

Monica Ruiz

Rosa Kuybus

Riverside Community Health Foundation

Monica Fiallos

Mila Arteaga

Neighborhood HealthCare

SCAN Health

Gloria España

# Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.



**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic# 0K59843 | Hablo Español  
**Mobile: (909) 908-2599**  
**Office: (951) 588-2560**  
Fax: (909) 208-0498  
monica.bustos@myvitalityagent.com





**Monica Fiallos**  
Independent Broker

Lic. 0G78920  
Hablo su idioma

Medicare Solutions  
Life Insurance

Cell: (951) 314-3258  
Fax: (951) 823-5502



**scan**  
HEALTH PLAN

3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806

**Walther Moyano**  
Sales Representative  
**1-951-505-3341**  
wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128



For more information on how to become a sponsor, call (951) 275-9975.



California Phones  
Keeping you connected.

## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes  
11:00am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

## Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes  
By appointment only/ Por cita solamente.  
9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You **MUST** bring a box or bag. Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. **DEBE** traer su propia caja o bolsas.

## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes  
10:00am-1:00pm  
Eddie Dee Smith Senior Center  
\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month. Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



April / Abril

# Eddie Dee Smith Senior Center Health Fair

## Feria de Salud



**APRIL 11, 2024**  
**9:00 am - 12:00 pm**



This is a free community health fair, including check-ups, conducted in collaboration with various organizations throughout Riverside County.



Este evento es un recurso de salud comunitario gratuito que incluye chequeos realizados en colaboración con varias organizaciones en todo el condado de Riverside.

Activities include:  
Blood Pressure  
Glucose  
Giveaways  
and much more!



Actividades incluyen:  
Presión arterial  
Glucosa  
regalos  
¡y mucho más!



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under agreement with the City of Jurupa Valley



## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
April / Abril 4  
9:00am - 11:30am



**Monthly Birthday Celebration**

*Celebración de Cumpleaños*  
April / Abril 19

**Smartphone Training**

*Call to Sign-up*  
9:00 am - 11:00 am

**Entrenamiento de Teléfonos**

Llamar para inscribirse  
9:00 am - 11:00 am



**BOOK YOUR NEXT EVENT WITH US!**

Salon de Fiestas Para Rentar

*Celebrate with Us!*

**SPECIAL OCCASIONS!**

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

**RENT A FACILITY!**

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



**Locations Include:**

- Jurupa Community Center
- Veterans Memorial Community Center
- SkyView Event Center
- Eddie Dee Smith Senior Center
- Picnic Shelters
- and much more!

**FOR PRICING AND AVAILABILITY INFORMATION, PLEASE CALL THE CENTER!**

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(951) 275-9975

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(951) 275-9975

# Classes & Workshops Talleres & Clases

## Amistad Medical Clinic

Health Class

Clase de Salud

9 am - 11 am

4/25/2024

5/23/2024

6/27/2024

## Vision & Compromiso

Mental Health Classes

Clases de Salud Mental

9 am - 10:30 am

Every Tuesday

Cada Martes



Painting Class

Clase de Pintura

9 am - 11 am

4/18/2024

5/16/2024

6/20/2024



## Neighborhood PACE

Painting Craft

Manualidad de pintura

9:15 am - 10:30 am

Thursday / Jueves

5/30/2024

## Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

May / Mayo 2

Monthly Birthday  
Celebration

Celebración de Cumpleaños

May / Mayo 17

Smartphone Training

Call to make appointment

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Llamar para inscribirse

9:00 am - 11:00 am

Rootbeer Floats

Flotador de cerveza de raíz

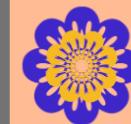
May / Mayo 31



## CINCO DE MAYO DANCE

Enjoy a fun night of dancing with friends at our Cinco de Mayo Dance.

Disfrute una noche divertida bailando con amigos en nuestro baile de Cinco de Mayo.



Sabado 4 de Mayo, 2024

Saturday May 4, 2024

4:00 pm - 7:00 pm



\$8 por boleto

\$8 per ticket



Don't forget to register before Monday April 29, 2024  
No se le olvide registrarse antes de Lunes 29 de Abril, 2024

## Mothers Day Tea Te de Día de Madres

Join us for a relaxing morning of tea as we celebrate all the wonderful women in our lives.



Únase a nosotros para una relajante mañana de té mientras celebramos a todas las mujeres maravillosas de nuestras vidas.



Wednesday May 8, 2024

Miércoles 8 de Mayo, 2024

9:00 am - 10:30 am



Don't forget to register before Friday May 3, 2024  
No se le olvide registrarse antes de Viernes 3 de Mayo, 2024

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(951) 275-9975

June / Junio

# FATHER'S DAY BRUNCH

Join us for brunch as we celebrate the father figures in our lives.

Únase a nosotros para el brunch mientras celebramos las figuras paternas en nuestras vidas.



**Friday June 14, 2024**  
**Viernes 14 de Junio, 2024**  
**11:00 am - 12:00 pm**



Don't forget to register before Monday June 3, 2024  
No se le olvide registrarse antes de Lunes 3 de Julio, 2024

# BUNKO!



**Tuesday June 18, 2024**  
**Martes 18 de Junio, 2024**  
**9:00 am - 10:30 am**



Join us for a fun game of Bunko!  
Unase a nosotros para un juego divertido de Bunko!



Don't forget to register before  
Friday June 14, 2024  
No se le olvide registrarse antes de  
Viernes 14 de Julio, 2024



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
June / Junio 6

**Monthly Birthday Celebration**  
*Celebración de Cumpleaños*  
June / Junio 21

**Smartphone Training**  
*Call to Sign-up*  
9:00 am - 11:00 am

**Entrenamiento de Teléfonos**  
*Llamar para inscribirse*  
9:00 am - 11:00 am

**Ice cream Sandwich**  
*Sándwich de helado*  
June / Julio 24



(951) 275-9975

# METROLINK



Join us for a presentaiion about the How to Ride and benefits of traveling with MetroLink.

Únase a nosotros para una presentación sobre Como usar y los beneficios de viajar con MetroLink.



Tuesday April 9, 2024  
Martes 9 de Abril, 2024  
9:30 am - 10:30 am



## Embroidery Day

### Día de Bordar



Join us for a relaxing morning of embroidery.  
Únase a nosotros para una relajante mañana de bordado.

Monday April 22, 2024  
Lunes 22 de Abril, 2024  
9:00 am - 10:30 am

**Don't forget to sign up!**  
**No se le olvide apuntarse!**



## GARDENING

### JARDINERIA

Join us as we paint a pot and plant some seed.  
Únase a nosotros mientras pintamos unas macetas y sembramos unas semillas.

Tuesday April 16, 2024  
Martes 16 de Abril, 2024  
9:00 am - 10:30 am

**Don't forget to sign up!**  
**No se le olvide apuntarse!**



## Cool/Warm Center

Seniors Only 55+  
Monday – Friday  
10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

Joke of the  
Quarterly Newsletter

A young man was walking through a supermarket to pick up a few things when he noticed an old lady following him around. Thinking nothing of it, he ignored her and continued on.

Finally he went to the checkout line, but she got in front of him. "Pardon me," she said, "I'm sorry if my staring at you has made you feel uncomfortable. It's just that you look just like my son, who just died recently." "I'm very sorry," replied the young man, "is there anything I can do for you?" "Yes," she said, "As I'm leaving, can you say 'Good bye, Mother'?" It would make me feel so much better." "Sure," answered the young man.

As the old woman was leaving, he called out, "Goodbye, Mother!" As he stepped up to the checkout counter, he saw that his total was \$127.50. "How can that be?" He asked, "I only purchased a few things!" "Your mother said that you would pay for her," said the clerk.

Broma del Boletín  
Trimestral

Uso anteojos porque me gusta quitermelos con un ademan dramatico para demostrar que estoy enojado. Sin embargo, fue un poco embarazoso hacerlo con mis lentes de contacto.

**MEMBER  
SERVICES**

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the  
2nd and 4th  
Thursday of each month.**

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su  
cita el 2o y 4o  
Jueves de cada mes.**



**Coffee with the Mayor  
Cafe con el Alcalde**

Come enjoy a cup of coffee with your Mayor Willie Silva and council member Leslie Altamirano.

Venga a disfrutar una taza de cafe con su alcalde Willie Silva y miembro de consejo Leslie Altamirano.

Tuesday April 23, 2024  
Martes 23 de Abril, 2024  
9:15 - 10:30 am



**CENTER EVENTS & ACTIVITIES**

Eventos & Actividades del Centro



**Loteria**

Join us for a fun time while playing Loteria with friends.  
Únase a nosotros por un momento divertido jugando Loteria con amigos.

**Wednesday May 29, 2024  
Meircoles 29 de Marzo, 2024  
9:00 am - 10:30 am**

Don't forget to register before Friday May 24, 2024  
No se le olvide registrarse antes de Viernes 24 de Mayo, 2024



Join us on Wednesdays for our monthly game of Bingo!  
April 24, 2024  
May 15, 2024  
June 12, 2024



Únase a nosotros el Miercoles para nuestro juego mensual de bingo!  
24 de Abril, 2024  
14 de Mayo, 2024  
12 de June, 2024  
9:00 am - 10:30 am

Don't forget to register.  
No se le olvide registrarse.



**Manicures**

Come get your nails painted with a cool design.  
Venga a pintarse las uñas con un diseño genial.

Thursdays / Jueves 4/18/2024  
9:00 am - 11:40 am 5/10/2024  
(Friday / Viernes) 6/13/2024



**GAME NIGHTS**



Monday May 13  
Lunes 13 de Mayo

Monday June 3  
Lunes 3 de Julio



1:00 pm - 3:00 pm



**Movie Nights**

12:00 pm - 3:00 pm

Monday April 29  
Lunes 29 de Abril  
Tuesday May 21  
Martes 21 de Mayo  
Friday June 28  
Viernes 28 de Junio



# Eddie Dee Smith Senior Center

| MONDAY   |                | TUESDAY   |                | WEDNESDAY   |                   |
|--|----------------|---|----------------|---|-------------------|
| 8:30 - 9:30  | Stretch & Flex | 8:00 - 9:00   | Walking Club   | 8:00 - 10:00  | Queen of the Hill |
| 8:30 - 10:30   | Coffee Social  | 8:30 - 9:30   | Stretch & Flex | 8:30 - 10:30  | Coffee Social     |
| 11:00 - 12:30  | Lunch Program  | 8:30 - 10:30  | Coffee Social  | 8:30 - 10:30  | Painting Club     |
| 11:00 - 3:00   | Ceramics Class | 10:00 - 2:00  | Sewing Club    | 11:00 - 12:30   | Lunch Program     |
| <b>"We can complain because rose bushes have thorns, or we can rejoice because thorn bushes have roses."</b> |                | 11:00 - 12:30   | Lunch Program  | 12:00 - 2:00  | Quilting*         |
|  |                | 11:30 - 3:00  | Ceramics Class | <i>* Food Pantry Days may affect class. Please check with the front desk.</i> |                   |
|  |                | <u>Coloring Social</u><br>Tuesdays/Martes<br>8:30am-10:30am |                |   |                   |



**Office on Aging**  
County of Riverside

## Classes / Clases

Haciendo comida saludable parte de su vida  
Lunes 1 de Abril de 9:30 am - 10:30 am  
Clase en Español

Making Healthy Eating part of your Lifestyle  
Monday April 8 at 9:30 am - 10:30 am  
Class in English

Fresco del Jardin : Col rizada  
Lunes 13 de Mayo de 9:30 am - 10:30 am  
Clase en Español

Fresh from the Garden: Kale  
Monday May 13 at 9:30 am - 10:30 am  
Class in English

Comindo saludable en un presupuesto  
Lunes 3 de Junio de 9:30 am - 10:30 am  
Clase en Español

Eating Healthy on a Budget  
Monday June 10 at 9:30 am - 10:30 am  
Class in English

## Lunch Program

*Reservation required*  
*Se requiere reservación*

Lunch will be served from 11:30 am - 12:30 pm. Reservation is required with at least one day notice to ensure enough food is made. If unable to attend please call to cancel your reservation.

El almuerzo se servirá de 11:30 am - 12:30 pm. Se requiere reserva con al menos un día de anticipación para garantizar que se prepare suficiente comida. Si no puede asistir, llame para cancelar su reserva.



# Program Schedule

| THURSDAY   |                  | FRIDAY  |                                   | ONGOING ACTIVITIES   |              |
|--|------------------|---|-----------------------------------|--|--------------|
| 8:25 - 9:30  | Technology Class | 8:30 - 10:30  | Coffee Social                     | 8:00 - 3:00  | Billiards    |
| 8:30 - 9:30  | Stretch & Flex   | 9:00 - 10:00  | Zumba Gold                        | 8:00 - 3:00  | Computer Lab |
| 8:30 - 10:30   | Coffee Social    | 10:00 - 1:00  | Watercolor                        | 8:00 - 3:00  | Gym          |
| 11:00 - 12:30  | Lunch Program    | 11:00 - 3:00  | Canasta                           | 8:00 - 3:00  | Library      |
| 12:00 - 3:00   | Mexican Train    | 11:00 - 12:30   | Lunch Program                     | <i>April is National Volunteer Appreciation Month</i><br><br> |              |
| <div style="border: 2px solid red; padding: 10px; text-align: center;"> <h2 style="color: red;">Closed / Cerrado</h2> <p>May 27, 2024</p> </div> |                  | 11:30 - 12:30   | Birthday Celebration (3rd Friday) |  |              |
|  |                  | 11:30 - 3:00  | Crochet Club                      |  |              |
|  |                  | <b>CENTER HOURS</b><br><b>HORAS DEL CENTRO</b><br>Monday - Friday Saturday & Sunday<br>Lunes a Viernes Sábado y Domingo<br>8:00 am - 3:00 pm Available for Rentals<br>Disponible para Renta |                                   |  |              |

## Birthday Celebration

## Celebration de Cumpleaños

Come celebrate your birthday month with us!  
**Every 3rd Friday of the month**  
*During your lunch time*

Venga a celebrare el mes de su cumpleaños con nosotros!  
**Cada 3er Viernes del mes**  
*Durante su hora de almuerzo*



# THANK YOU VOLUNTEERS!

# GRACIAS VOLUNTARIOS!

*thank you*

